



**Recognized by :** Government of India, Ministry of Youth Affairs & Sports, New Delhi  
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

**Affiliated to :** South Asian Bodybuilding & Fitness Federation  
Asian Body Building and Physique Sports Federation, Singapore  
World Body Building and Physique Sports Federation, Dubai, UAE

**Recognized by :** The Association for International sports for All (TAFISA), Frankfurt, Germany  
Pacific Games Council (PGC), Australia

Date: 13<sup>th</sup> February, 2019

To,

**The Secretaries / Executive Committee Members / Life Members**  
State Body Building Associations / Union Territories / Sports Boards  
Affiliated to Indian Body Builders Federation  
Mumbai.

Ref. No.:IBBF/SN/CR-08-18-19

Sub.: "**DHRUV CLASSIC - 2019**"

**Men's and Women's National Sports Physique Championship**

Dear Sir / Madam,

It gives us immense pleasure to inform you that Goa Body Building and Fitness Association & **Strong Arm Fitness**, Goa; in support of **Shri Deepak Kalangutkar (Vice President-Bhartiya Janta Party North Goa)** has taken initiative to organise the "**Dhruv Classic 2019 - National Physique Sports Championship for Men's and Women's**", to be held on Saturday 9<sup>th</sup> March 2019 at Por, Do Sol, The Beach Lounge, Goa.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Sports Boards to participate with best of their athletes to make this championship a grand success. Kindly note that only invited officials, Executive Committee Members and the Directors of the Physique Sports Development Committee will be designated and offered the lodging and boarding during the said championship.

Thanking you

For Indian Body Builders Federation

**Mr. Chetan M. Pathare**  
General Secretary





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## **“DHRUV CLASSIC - 2019”**

### **Men’s and Women’s National Sports Physique Championship**

- Contest :** **“DHRUV CLASSIC - 2019”**  
**Men’s and Women’s National Sports Physique Championship**
- Date :** Saturday 9<sup>th</sup> March, 2019
- Organiser :** Goa Body Building & Fitness Association, Goa
- Venue for Reception And Finals :** Por Do Sol, The Beach Lounge,  
Next To Leela Cottage  
Ashwem-Mandrem Road, Ashwem Beach, North Goa
- Lodging for participants:** Lodging will be provided for **ONE** night only.
- Lodging for Officials :** Lodging will be provided for **ONE** night only.
- Nearest Railway Station:** Thivim (Approx. 18 Km)
- Nearest Airport :** Dabolim (Approx. 53 Km)
- Contact :** Sanjay Patil – 09225908801  
Subhash Naik - 9881099255  
Kushali Virdikar – 8806951799  
Viraj Arabekar - 9422060370  
Suraj Kinlekar - 09765947219
- IBBF Secretariat :** Mr. Chetan Pathare – General Secretary  
Mobile: 099679 71970
- Championship Categories:**
1. Men’s Sports Physique
  2. Men’s Fitness Physique
  3. Men’s Athletic Physique
  4. Women’s Model Physique
  5. Women’s Fitness Physique
  6. Mix Pair
- Eligibility :** Any number of athletes can participate from each State units/Union Territories / Sports Board.
- Entry Fee :** Rs.3000/- per competitor
- Last Date for Entry :** 05<sup>th</sup> March, 2019.



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- Please take note :** **Other than the invited Officials, Executive Committee Members and the Directors of the Physique Sports Development Committee No Extra Officials and supporters will be allowed and hence will not be provided with lodging and boarding facility. We require state units co-operation for the same.**
- Annual Fees :** All the affiliated state associations those who have not yet paid their Annual Membership Fees of Indian Body Builders Federation are requested to pay on or before 28<sup>th</sup> February 2019.
- Prizes & Awards :**
1. First three places in each category will receive Gold, Silver & Bronze Medals.
  2. First Five places in each category will receive Cash Prizes of Rs.20000/-, Rs.17000/-, Rs.15000/-, Rs.12000/- & Rs.10000/- respectively along with Merit Certificates.
  3. All the Participants will receive participation certificate.
- Doping :** Dope test may be conducted at random by the National Anti Doping Agency (NADA).
- Rules for the Contest**
1. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
  2. All officials & competitors must arrive prior to the schedule.
  3. Organizers will provide free lodging & boarding to all Competitors and Invited Officials with Executive Committee Members and Directors of the Physique Sports Development Committee of Indian Body Builders Federation for **ONE night** only.
  4. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.
  5. All the Officials, managers, coaches are requested to come with their proper uniform.
  6. Participants and officials who arrive before 9<sup>th</sup> March 2019 and wish to stay after 10<sup>th</sup> March 2019 will have to bear for their lodging & boarding.
  7. Golden, Silver and Bronze colour tanning cream is not allowed.
  8. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Posing contest.
- Please note :** Indian Body Builder's Federation, Goa Body Building & Fitness Association, Goa or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the competition.



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## **"DHRUV CLASSIC - 2019"**

### **Men's and Women's National Sports Physique Championship**

#### **SCHEDULE**

#### **Saturday 9<sup>th</sup> March 2019**

08.00 AM ONWARDS : Arrival of all competitors, officials & judges

08.00 AM TO 10.00 AM : Break Fast

01.00 PM TO 03.00 PM : Lunch

03.30 PM ONWARDS : Finals & Prize Distribution

10.00 PM ONWARDS : Farewell Dinner

#### **Sunday 10<sup>th</sup> March 2019**

9.00 AM : Departure of all competitors, officials & judges



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## “DHRUV CLASSIC - 2019” National Men’s and Women’s Sports Physique Championship

### OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 05<sup>th</sup> March, 2019.

SR.	NAME	CATEGORY	MOBILE NO.	WEIGHT
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_ JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME: \_\_\_\_\_ TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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## **RAIL TRAVEL CONCESSION**

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))  
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This is to Certify that \_\_\_\_\_

Body Builders/Officials of \_\_\_\_\_

is/are taking part in the **"Dhruv Classic 2019 - Men's and Women's National Physique Sports Championship** being organized by **Goa Body Building & Fitness Association, Goa**; under the authority of **Indian Body Builders Federation**. From 9<sup>th</sup> March to 10<sup>th</sup> March 2019. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from \_\_\_\_\_ to \_\_\_\_\_ and back.

**For Indian Body Builders Federation**

**Chetan M. Pathare**  
General Secretary